

## Player Criteria/Standards (8 to 10 years)

The below criteria should be used as a guide to support player entry into the PDC squad for 8–10-year-olds.

Players should hold or be in the process of working towards holding a British passport.

### Behaviours

#### Player:

Demonstrates some of the following behaviours:

- Passion & Drive
- Resilience
- Curiosity
- Self-Management
- Gratitude and Respect
- Adaptability
- Thrives in Competition
- Takes Care

*\*An overview of how these behaviours look like in practice will be shared in the player development framework*

### Technical competence

#### Player:

- Has a good grip that is not limiting
- Shows they are capable on both wings
- Can take the ball early before the top of the bounce on all attacking shots
- Ability to hold the table (not running back)
- Good ready position and recovery
- Minimum of 2-3 services
- Has a basic understanding of spin
- Has a good forearm speed
- Has good feeling in the hand and able to use the wrist
- Is able to move laterally and in and out of the table
- Is able to undertake basic movement drills on the table

### Anticipation & decision making

#### Player:

- Shows good ability to anticipate where the ball is going during irregular play
- Has an awareness of the 'right shot at the right time'
- Has the ability to change the pace of play (i.e., speed up or slow down)

### Athleticism & coordination

#### Player:

- Can use strength in legs to move around the table
- Demonstrates high levels of coordination (or ability to improve) in basic fundamental movement skills activities (e.g., ladders, catching)

### Game awareness & coachability

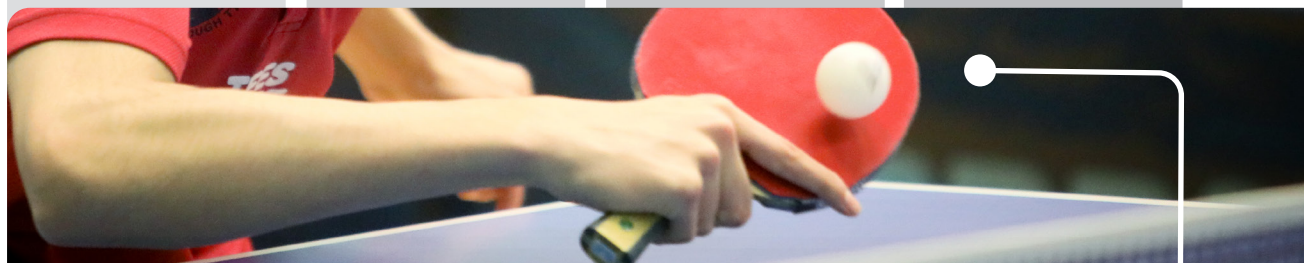
#### Player:

- Has an awareness of the basic rules of table tennis and how to compete
- Is able to take on feedback from a coach and make changes accordingly

### Commitment

#### Player:

- Demonstrates commitment to attending all PDC based sessions
- Shows they are committed to improving their level and progressing in the sport
- Player has started regularly competing (e.g., 1 & 2\*s, local/national leagues)
- Qualified for U10 National Championships



# Player Criteria/Standards (11 to 13 years)

The below criteria should be used as a guide to support player entry into the PDC squad for 11-13-year-olds.

Players should hold or be in the process of working towards holding a British passport.

## Behaviours

### Player:

Demonstrates the following behaviours:

- Passion & Drive
- Resilience
- Curiosity
- Self-Management
- Gratitude and Respect
- Adaptability
- Thrives in Competition
- Takes Care

*\*An overview of how these behaviours look like in practice will be shared in the player development framework*

## Performance Criteria

### Player:

- Has a ranking within the top 30 within their respective age group
- Competing regularly in national events
- Qualified for respective age group in national championships
- In the England Futures programme or aiming for selection

## Technical competence

### Player:

- Demonstrates high level competence on both wings
- Can play off backspin on both wings (depending on style of play)
- Strong variety of service and receive
- High competence in footwork
- Strong tactical development
- Ability to change pace and use angles

## Athleticism & coordination

### Player:

- Can use strength in legs to make explosive movements around the table
- Demonstrates high levels of coordination

## Commitment

### Player:

- Demonstrates commitment to attending all PDC based sessions
- Shows they are committed to improving their fitness and table tennis level
- Competing regularly on the national circuit
- Can evidence a minimum of 10-12 hours a week of training, inclusive of PDC sessions

