Player Criteria/Standards (Early Development Group – 8 to 11 years)

The criteria below should be used as a guide to support player entry into the early development group of the PDC. Although technical aspects should be taken into consideration, behaviours, athleticism & commitment are priority criteria for players fairly new to the sport (e.g., aged 8).

Behaviours

Plaver:

Demonstrates some of the following behaviours:

- · Passion and drive
- Resilience
- Curiosity
- · Selfmanagement
- · Gratitude and respect
- Adaptability
- · Thrives in competition
- Takes care

An overview of how these behaviours may appear in an U9 and a 9-12yr old player is available in the player development framework - under development

Technical competence

Plaver:

- · Has a good grip that is not limiting
- · Shows they are capable on both wings
- Can take the ball early before the top of the bounce on all attacking shots
- Ability to hold the table (not running back)
- · Good ready position and recovery
- Minimum of 2-3 services
- · Has a basic understanding of spin
- Has a good forearm speed
- · Has good feeling in the hand and able to use the wrist
- · Is able to move laterally and in and out of the table
- Is able to undertake basic movement drills on the table

Anticipation & decision making

Plaver:

- · Shows good ability to anticipate where the ball is going during irregular play
- Has an awareness of the 'right shot at the right time'
- Has the ability to change the pace of play (i.e., speed up or slow down)

Athleticism & coordination

Plaver:

- Can use strength in legs to move around the table
- Demonstrates high levels of coordination (or ability to improve) in basic fundamental movement skills activities (e.g., ladders, catchina)

Game awareness & coachability

Plaver:

- Has an awareness of the basic rules of table tennis and how to compete
- · Is able to take on feedback from a coach and make changes accordingly

Commitment

Plaver:

- Demonstrates commitment to attendina all PDC based sessions
- · Shows they are committed to improving their level and progressing in the sport
- Shows commitment to start or continue competing



Player Criteria/Standards (Pathway Group – 12 to 15 years)

The criteria below should be used as a guide to support player entry OR progression into the PDC pathway group. The criteria should be used as a guide and not as a definitive.

Behaviours

Player:

Demonstrates the following behaviours:

- Passion and drive
- Resilience
- Curiosity
- Self-management
- · Gratitude and respect
- Adaptability
- · Thrives in competition
- Takes care

An overview of how these behaviours may appear in a 12-15yr old player is available in the player development framework under development

Performance Criteria

Plaver:

- Has a ranking within the top 40 within their respective age group (U13 & U15)
- Competing regularly in 4* and wider national events

Technical competence

Plaver:

- Demonstrates high level competence on both wings
- · Strong variety of service and receive
- · High competence in footwork
- Strong tactical development

Athleticism & coordination

Plaver:

- · Can use strength in legs to make explosive movements around the table
- Demonstrates high levels of coordination

Commitment

Plaver:

- Demonstrates commitment to attending all PDC based sessions
- Shows they are committed to improving their fitness and table tennis level
- Can evidence a minimum of 10-12 hours a week of training, inclusive of PDC sessions

