



- **Table Tennis Diploma
in Sporting Excellence
(DiSE)**

Information Pack

tabletennisengland.co.uk

What is the Table Tennis Diploma in Sporting Excellence?

The Diploma in Sporting Excellence is a government-funded programme designed for young talented athletes.

In partnership with Table Tennis England, the two-year DiSE programme is managed by SGS College in Bristol and will be delivered in conjunction with various Table Tennis England Performance squad activity.

This unique programme aims to support athlete development by enhancing the athlete's knowledge, skills, and competency in their sport, whilst gaining a prestigious recognised qualification, either preparing athletes to continue competing in table tennis at a performance level or on an alternative career pathway (e.g., a career in the sports industry).

Who is the Table Tennis Diploma in Sporting Excellence for?

Athletes must meet all of the following criteria:

- Aged 16-18
- Studying Further Education (FE) in England on a two-year course (e.g., A-Level or BTEC) from the September of enrolment
- Have a valid British Passport

Please see the DiSE policy on the Table Tennis England website for a detailed overview of criteria.

The panel will then select players that meet several of the following points:

- Players should be affiliated to Table Tennis England, holding a valid Table Tennis England Players Licence and in good standing
- Players (non-para) should be ranked in the Top 50 of the Table Tennis England U19 Ranking List by the time of application
- Para players should be part of or working towards the British Para Table Tennis Pathway Programme
- Players with experience or aspiring to become a performance level player
- Players that are attending a table tennis academy programme (e.g., Grantham College Academy)

How is the programme delivered and what does it cover?

The programme is delivered through a combination of:

- DiSE training camps (camp locations are likely to be at the University of Nottingham and Grantham College but could be other locations) - approx. 4 per year
- In person and online workshops with specialist practitioners and guest speakers
- One to one sessions and reviews with the DiSE Table Tennis Lead

Players must be prepared to sign up to the two-year course and demonstrate commitment to complete the learning programme.

Players will complete a series of workbooks working towards a Pearson BTEC Level 3 Diploma in Sporting Excellence qualification. Units of study include:

- Technical Skills
- Tactical Skills
- Physical capability
- Nutrition
- Psychology
- Lifestyle
- Career
- Communication
- Health and safety
- Culture, values, and behaviour



Why choose DiSE?

Benefits of being on the DiSE programme include:

- Mentoring and support
- A programme which aims to equip athletes with the necessary skill and behaviours to progress their level within table tennis
- Enhanced knowledge and skills that could transfer to a variety of careers within the sports industry (and wider roles)
- The opportunity to attend camps and train in a high-performance environment with elite coaches
- Objective feedback on technical and physical development

What will learners achieve?

Upon completion of DiSE, learners will receive a certificate and 64 UCAS points (Currently equivalent to BTEC extended Dip at Merit, Pass, Pass and 2 x A levels at C's).

How do you apply?

- Sign and return the selection policy by the deadline provided
- Complete the application form by the deadline provided

When does the programme start?



Each September, a new cohort will be enrolled.



Find the policy and application form on the [DiSE section of the Table Tennis England website](#)

If you have any questions, please contact Emma Vickers (Head of Pathway Development) at emma.vickers@tabletennisengland.co.uk

