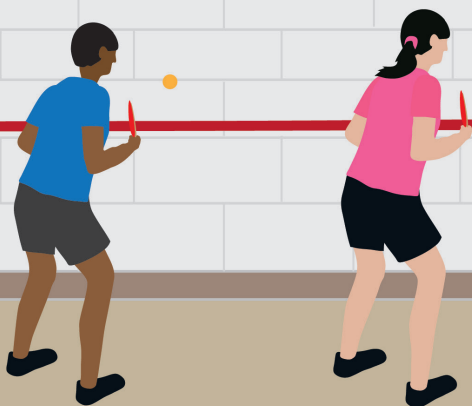


ACTIVITY: WALL TT



LEARNING OBJECTIVE

- Play a backhand with control of speed and direction of the ball
- Read the flight and direction of the ball – bouncing, rising and falling
- Correct grip



- Work with partner with 1 player striking against the wall and 1 player catching after 1 bounce on the floor
- Use a bigger ball
- Aim higher on the wall



- In pairs alternate hits, against the wall allowing 1 bounce

ACTIVITY

Players practise striking the ball with the Backhand into the wall and catching with non-playing hand, allowing the ball to bounce on the floor first.

ORGANISATION

- Equipment: ball and bat each
- Position players in the area to demonstrate



- Is the ball rising or falling when you first touch it?
- How can you make the ball bounce slower or faster?
- Is it easier to control if you hit the ball higher or lower?