

## Level 1 Session Coach Award in Coaching Table Tennis

The Level 1 Session Coach Award course has been designed to give learners the tools to start their journey on the Coaching Pathway. It focuses on both the 'How to Coach' and 'What to Coach' skills of coaching. It provides learners with the necessary skills to be able to plan and deliver basic table tennis coaching activity/session.

The course has been divided up into the 3 separate elements: -

- Practical – two days face to face led by a Table Tennis England qualified tutor/assessor
- eLearning – online element for both learning and assessment
- Workbook – provides the 'How' and 'What' to coach skills along with written tasks

Level 1 Session Coach consists of 2 separate days spread over approximately a 4 to 8 week period. Learners are expected to complete home study and practical coaching tasks between each day of the course.

### Day 1

- How to Coach 'Planning and Organisation, Observation and Analysis, Feedback and Reflection, Adaptability and Creativity'
- What to Coach 'skills in a practical environment' – basic technical elements of table tennis.

### Day 2

- Delivery and Review a Coaching Session (Observed Practical Task)
- Learner Feedback and Action Plan
- Achievement of Prerequisites

### Home Study 4-8 weeks

- Candidates will complete the online element of the course.
- UK Coaching Safeguarding and Protecting Children Workshop. For more information please click [here](#)

To complete your Level 1 Session Coach qualification, **you must complete** a Child Protection & Safeguarding workshop. Please complete your Child Protection & Safeguarding Workshop and provide evidence of this on the final day of the course. If failing to complete your Child Protection & Safeguarding Workshop before the final day you then have 1 year from the start of the course date to submit. Failing to do so will result in you paying a re-registration fee to complete your qualification.

On completion of the final day of the course and all pre-requisites are in place your free 1 year coaching license will activate. To make sure your license is active please upload all pre-requisites via TT Membership. For further information please click on the link <https://tabletennisengland.co.uk/coach/coaching/coach-licence-scheme/>.

The Minimum age for this course is **16 years old**.